

Screen

Control Booth

Podium



Exit

Slide Briefers

1

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4

Exit

Exit

673 ABW/SGM	673 ABW/CV 673 ABW/CD	673 ABW/CCC & Spouse	673 ABW/CC & Spouse
3 WG	2/11 IBCT (A) CSM & Spouse	2/11 IBCT (A) Cmdr & Spouse	673 CEG
725 BSB	673 MDG	59 SIG	JBER PA
402 AFSBn	3-509 IN	6 BEB	AK Nat'l Guard
Mil Spouse	Mil Spouse	Mil Spouse	Mil Spouse

11 ABN DIV CG & Spouse	11 ABN DIV CSM & Spouse	11 ABN DIV COS & Spouse
673 MSG	773 FSS	673 FSS
673 LRG	17 CSSB	2-377 PFAR
1-501 IN	1-40 CAV	Mil Spouse
Mil Spouse	Mil Spouse	Mil Spouse

Fliers

Fliers

Community Education Complex  
Bldg. 7, JBER-R Layout





# Community Action Council



February 2025



*Agile Arctic Combat Support*



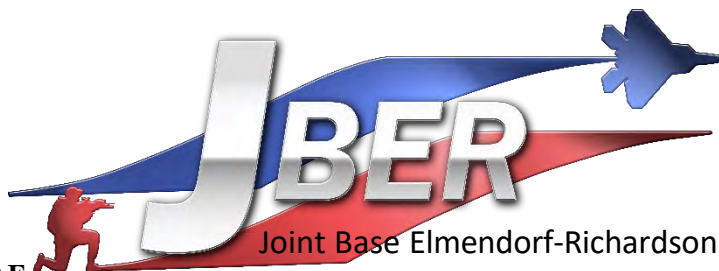


# *Certificate of Appreciation*

## **Occupational Safety Training**

*673 Airbase Wing*

*Thank you for your commitment and dedication to the JBER customer service program. Your team's outstanding performance serving customers distinguished you from your peers and resulted in your recognition as an **ICE** exceptional service provider. Your delivery of customer service excellence demonstrates support of the mission and reflects well on your organization, the 673 ABW, Joint Base Elmendorf-Richardson, and the United States Armed Forces.*



Joint Base Elmendorf-Richardson

**MICHAEL H. SYLVESTER, CMSgt, USAF**  
Command Chief

**February 2025**

**LISA M. MABBUTT, Col, USAF**  
Commander



# *Certificate of Appreciation*

**Angelia Regevig**

673 Civil Engineering Squadron Housing Management Office

*Thank you for your commitment and dedication to the JBER customer service program. Your outstanding performance serving the 673 Civil Engineering Squadron Customers distinguished you from your peers and resulted in your recognition as an ICE exceptional service provider. Your delivery of customer service excellence demonstrates support of the mission and reflects well on yourself, the 673 ABW, Joint Base Elmendorf-Richardson, and the United States Armed Forces.*



Joint Base Elmendorf-Richardson

MICHAEL H. SYLVESTER, CMSgt, USAF  
Command Chief

**February 2024**

LISA M. MABBUTT, Col, USAF  
Commander



# Agenda

**Welcome**

**Mission and Readiness**

**Installation Support**

**Community Program**

**Open Discussion**

**Closing Comments**

February 2025

SUN	MON	TUES	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
				CAC		JBER Military Appreciation Bowl a thon
9	10	11	12	13	14	15
	Joint Newcomers				11 <sup>th</sup> ABN DIV DONSA	
					PACAF FAMILY DAY	Salute to the Military ASYMCA
16	17	18	19	20	21	22
	President's Day					
23	24	25	26	27	28	

March 2025

SUN	MON	TUES	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
				CAC		
9	10	11	12	13	14	15
16	17	18	19	20	21	22
					Spring Day	
23/ 30	24/31	25	26	27	28	
	PACAF FAMILY DAY 24 March 25					
	Agile Reaper 25-5 31 March -11 April					



# Community Action Council



## 673 ABW Integrated Resilience Office (IRO)

Mr. Garry Berry  
(907) 552-3764



*Agile Arctic Combat Support*







# JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Holiday/Family Day/DONSA

Current a/o: 6 Feb

## February 2025

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Date	Time	Location	Event	Contact Number
6 Feb	0800-1600	9426 Luke Ave	DAD's 101 - Register by calling 580-5858	580-5858
6 Feb	0930-1030	Bldg 7 (Lecture Hall)	Community Action Council (CAC)	552-3642
7 Feb	1730-1830	Health Promo Office 9497 20th St (JBER-E)	JBER Community Connections Cooking for Wellness Series Register by 31 January at: <a href="https://www.signupgenius.com/index.cfm?go=s.signup&amp;urlid=10C044EA9AB2CA5FF2-52843251-jber#/">https://www.signupgenius.com/index.cfm?go=s.signup&amp;urlid=10C044EA9AB2CA5FF2-52843251-jber#/</a>	551-2361/552-7881
8 Feb	1100-1200	Richardson Community Center (338 Hoonah Ave)	JBER Community Connections Yoga Series Register at: <a href="https://www.signupgenius.com/index.cfm?go=s.signup&amp;urlid=10C044EA9AB2CA5FF2-50450100-jber">https://www.signupgenius.com/index.cfm?go=s.signup&amp;urlid=10C044EA9AB2CA5FF2-50450100-jber</a>	552-7881
9 Feb	1400	7076 Chennault Ave (USO Center)	Super Bowl LIX (USO)	907-406-1264
11 Feb	All Day	N/A	Wear Orange Day <i>Teen Dating Violence Awareness Month</i>	552-7881
11 Feb	0900-1400	Virtual	Soldier Family Readiness Group (SFRG) Management RSVP at <a href="https://tockify.com/jbermfr">https://tockify.com/jbermfr</a>	552-4943/384-1517
11 Feb	1630-1800	7076 Chennault Ave (USO Center)	Family Fun Night (USO) Dinner: Chicken Stew & Biscuits	907-406-1264
12 Feb	1130-1300	Bldg 600, Rm A135	Navigating USAJOBS RSVP at <a href="https://tockify.com/jbermfr">https://tockify.com/jbermfr</a>	552-4943/384-6716
12 Feb	1530-1700	7076 Chennault Ave (USO Center)	Sweet Conversation Heart Cookie (USO) Must Register: <a href="https://register.uso.org/en/41118MB7/jber-sweet-talk-conversation-heart-cookie-decorating-february-12-2025-4a3IQKJRX">https://register.uso.org/en/41118MB7/jber-sweet-talk-conversation-heart-cookie-decorating-february-12-2025-4a3IQKJRX</a>	907-406-1264
13 Feb	0930-1030	AWEC	1QFY25 Community Action Board (CAB)	551-4767

JBER  
Connect





UNCLAS

# JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Holiday/Family Day/DONSA

Current a/o: 6 Feb

## February 2025

Su	Mo	Tu	We	Th	Fr	Sa
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Date	Time	Location	Event	Contact Number
13 Feb	1130-1230	Bldg 600, Rm A135	MONEY MATTER\$: Money with My Honey RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
14 Feb	All Day	N/A	PACAF Family Day/11 ABN DIV DONSA	N/A
17 Feb	All Day	N/A	President's Day (Federal Holiday)	N/A
18 Feb	1000-1130	AWEC	Community Action Team (CAT)	552-0644
19 Feb	0600-0710	Virtual - Zoom	Thriving On-Line: A Conversation for Families About Digital Safety (Teen Dating Violence Awareness Month) Register: <a href="https://us02web.zoom.us/webinar/register/WN_7cFqeJNlQU-4s1geGyOfaA">https://us02web.zoom.us/webinar/register/WN_7cFqeJNlQU-4s1geGyOfaA</a>	552-7881
19 Feb	0900-1030	M&FRC (4984 Zuckert Ave)	PCS from Alaska RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-6716
19 Feb	1130-1300	M&FRC (4984 Zuckert Ave)	Intro to Building a Resume RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-6716
19 Feb	1800-1900	7076 Chennault Ave (USO Center)	Coffee Connections (USO) Must Register: <a href="https://register.uso.org/en/4111BMB7/g/x8s48YbDv5/jber-coffee-connections-february-19-2025-4a3lIQKjQxd">https://register.uso.org/en/4111BMB7/g/x8s48YbDv5/jber-coffee-connections-february-19-2025-4a3lIQKjQxd</a>	907-406-1264
21 Feb	1300-1900	Warrior Zone 655 Richardson Drive	Arctic Community Health & Wellness Fair	384-8080
21 Feb	1700-1830	Frontier Theater	Arctic Community Town Hall	384-8080
21 Feb	1700-1900	7076 Chennault Ave (USO Center)	Hearts Apart: Family Games & Dinner Night RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
21 Feb	1700-1800	7076 Chennault Ave (USO Center)	BINGO Night (USO)	907-406-1264
22 Feb	0900-1200	M&FRC (4986 Zuckert Ave)	EFMP Mind & Body Wellness RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517

JBER  
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Agile Arctic Combat Support





# JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Holiday/Family Day/DONSA

Current a/o: 6 Feb

## February 2025

Su	Mo	Tu	We	Th	Fr	Sa
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Date	Time	Location	Event	Contact Number
22 Feb	1300-1600	Polar Bowl 7176 Fighter Drive	JBER Community Connections - Cupid's Bowling Party Register by 15 February at: <a href="https://www.signupgenius.com/go/10C044EA9AB2CA5FF2-51794268-celebrating#/">https://www.signupgenius.com/go/10C044EA9AB2CA5FF2-51794268-celebrating#/</a>	552-7881
25 Feb	1630-1800	7076 Chennault Ave (USO Center)	Family Fun Night (USO) Dinner: Ropa Vieja	907-406-1264
26 Feb	0900-1030	Virtual	Pre-Arrival Orientation RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
26 Feb	1000-1100	Virtual	EFMP 101	384-0225/552-4943

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Connect





# JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Holiday/Family Day/DONSA

Current a/o: 6 Feb

## March 2025

Su	Mo	Tu	We	Th	Fr	Sa
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Date	Time	Location	Event	Contact Number
4 Mar	1000	Frontier Theater	JROC Guest Speaker - Ch (Retired) Jeff Struecker <i>Story of Resilience</i>	552-5762
4 Mar	1800	Arctic Warrior Chapel	JROC Guest Speaker - Ch (Retired) Jeff Struecker <i>Story of Faith &amp; Resilience from a Christian Perspective</i>	552-5762
5 Mar	1130-1300	Bldg 600, Rm A135	LinkedIn 101 RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-6716
6-8 Mar	All Day	Victory Bible Camp (64741 Victory Rd Sutton-Alpine, AK)	Protestant Men's Ministry Retreat (JROC) Register: <a href="https://jber-religious-operations-center-431610.churchcenter.com/registrations/events/2700917">https://jber-religious-operations-center-431610.churchcenter.com/registrations/events/2700917</a>	552-5762
6 Mar	0800-1600	9426 Luke Ave	DAD's 101 - Register by calling 580-5858	580-5858
6 Mar	0930-1030	Bldg 7 (Lecture Hall)	Community Action Council (CAC)	552-3642
11 Mar	0930-1030	M&FRC (4986 Zuckert Ave)	MONEY MATTER\$: Continuation Pay RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
14 Mar	1700-1900	7076 Chennault Ave (USO Center)	Hearts Apart: Family Games & Dinner Night RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
15 Mar	1100-1200	Silver Run Community Center (3748 Gray Loop)	JBER Community Connections Yoga Series Register at: <a href="https://www.signupgenius.com/index.cfm?go=s.signup&amp;urlid=10C044EA9AB2CA5FF2-50450100-jber">https://www.signupgenius.com/index.cfm?go=s.signup&amp;urlid=10C044EA9AB2CA5FF2-50450100-jber</a>	552-7881
18 Mar	1000-1130	AWEC	Community Action Team (CAT)	552-0644
19 Mar	0900-1030	M&FRC (4984 Zuckert Ave)	PCS from Alaska RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-6716
19 Mar	1130-1300	Bldg 600, Rm A135	Nail Your Next Interview RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-6716
21 Mar	All Day	N/A	PACAF Family Day (Spring Day – Not Federal Holiday)	N/A

JBER  
Connect





# JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Holiday/Family Day/DONSA

Current a/o: 6 Feb

## March 2025

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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Date	Time	Location	Event	Contact Number
21-22 Mar	All Day	ACF Church (16620 Brooks Loop, Eagle River, AK)	Protestant Women of the Chapel Retreat (JROC) Register: <a href="https://www.eventbrite.com/e/jber-protestant-women-of-the-chapel-retreat-2025-vine-branch-fruit-tickets-1204125685339">https://www.eventbrite.com/e/jber-protestant-women-of-the-chapel-retreat-2025-vine-branch-fruit-tickets-1204125685339</a>	552-5762
24 Mar	All Day	N/A	PACAF Family Day (Spring Day – Not Federal Holiday)	N/A
26 Mar	0900-1030	Virtual	Pre-Arrival Orientation RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517
26 Mar	0900-1400	Virtual	Soldier Family Readiness Group (SFRG) Management RSVP at <a href="https://tockify.com/jbermfrc">https://tockify.com/jbermfrc</a>	552-4943/384-1517

JBER  
Connect









# Cupid's Bowling Party



Teen Dating Violence Awareness Month

**Who:** JBER - all are welcome

**What:** Cupid's Bowling Party

**When:** 22 Feb from 1300-1600

**Where:** Polar Bowl (7176 Fighter Drive)

**Register by 15 February at:**

<https://www.signupgenius.com/go/10C044EA9AB2CA5FF2-51794268-celebrating#/>

Contact the IRO with questions:

Email: [673ABW.CVB.Prevention@us.af.mil](mailto:673ABW.CVB.Prevention@us.af.mil)

Phone: (907) 552-7881

The Integrated Resilience Office and True North Invite you to...

**Cupid's Bowling**

**PARTY**

**02.22.25**

Polar Bowl @ 1-4 pm

7176 Fighter Dr, JBER-E

**Sign up by 02.15.25**

Free event for all military branches, DAF Civilians, and family members!



**Agile Arctic Combat Support**





# Community Action Council



## Installation Support



***Agile Arctic Combat Support***







# Community Action Council



## Troop Medical Clinic CNOIC

MAJ Kimberly Raymond  
(907) 384-8080



*Agile Arctic Combat Support*





# Health & Wellness Fair



JBER organizations and helping agencies supporting the JBER community

**Who:** JBER - all are welcome

**What:** Arctic Community Health & Wellness Fair

**When:** 21 Feb from 1300-1900

**Where:** Warrior Zone - 655 Richardson Drive



Warrior Zone- 655 Richardson Dr,  
Joint Base Elmendorf-Richardson, AK 99505



**Agile Arctic Combat Support**





# Arctic Community Town Hall



**Date:** Friday, February 21st, 2025

**Time:** 1700 to 1830

**Sponsored by:** \*

11th Airborne Division &  
673 Air Base Wing Senior  
Leadership

Let your voice be heard.

**Location:**

Frontier Theater  
(2 Richardson Drive)



For more information email:  
[ArcticCommunityTownHall@army.mil](mailto:ArcticCommunityTownHall@army.mil)



**Agile Arctic Combat Support**





# Community Action Council



## 673 ABW/HC Installation Chapel Team

Chaplain Colonel Brian Anderson

Chaplain (MAJ) John McDougall

(907) 552-JROC (5762)

Bldg 4984



*Agile Arctic Combat Support*







# Jeff Struecker

## JBER Resiliency Speaker



SPONSORED BY THE JBER RELIGIOUS OPERATIONS CENTER

RETIRED U.S. ARMY CHAPLAIN, BEST RANGER COMPETITION WINNER, & RANGER HALL OF FAME INDUCTEE



COME HEAR JEFF'S AMAZING STORY OF RESILIENCE DURING THE GRUELING BATTLE OF MOGADISHU (SOMALIA), RETOLD IN THE BOOK & MOVIE "BLACK HAWK DOWN."

**JEFF STRUECKER**  
4 MARCH, 2025

1000 @ THE FRONTIER THEATER (BLDG 2)  
STORY OF RESILIENCE

1800 @ ARCTIC WARRIOR CHAPEL (BLDG 3)  
STORY OF FAITH AND RESILIENCE FROM A CHRISTIAN PERSPECTIVE

FOR MORE INFO CONTACT THE JROC AT 907-552-5762



Agile Arctic Combat Support





# SafeTALK Training

## Suicide alertness for everyone



### SIGN UP



## safeTALK

suicide alertness for everyone

**WHO:**  
ALL ACTIVE DUTY/DOD CIVILIANS

**LOCATION:**  
MIDNIGHT SUN CHAPEL

**TIME:**  
8AM-12PM

**WHEN:**  
EVERY 2ND AND 4TH THURSDAY

Visit [LivingWorks.net](http://LivingWorks.net) for more safeTalk Info!



Receive certification in Advanced Suicide Prevention Skills Training. Learn how to recognize when someone may be thinking about suicide and how to connect with them to provide immediate support, helping them stay safe and guiding them toward further assistance.



For more Info contact JROC 673abw.hc.1@us.af.mil



**Agile Arctic Combat Support**





# Community Action Council



## 673 MDG Operational Support Team (OST)

Mr. Nathan Reed  
(907) 552-1386



*Agile Arctic Combat Support*







# OST Run Class



UNITED STATES AIR FORCE  
**OPERATIONAL SUPPORT TEAMS**  
READINESS · RELATIONSHIPS · RESILIENCE

**6 Week Run Class**  
**Who:** All AD Personnel  
**What:** 6 week run class  
**When:** First class starts 24 Feb  
Group 1 M/W 1200-1300  
Group 2 Tu/Th 0700-0800  
**Where:** Hangar 5  
**Why:** Avg. 2:20 taken off 1.5-mile time. Certified Strength and Conditioning Specialist led workout sessions to prep for fitness testing  
**How:** Sign up via email:  
matthew.a.andreadis.civ@health.mil  
**Questions:** Email Coach Matt  
matthew.a.andreadis.civ@health.mil

Future Classes:  
24 Feb – 3 Apr 2025  
7 Apr – 15 May 2025  
19 May – 26 Jul 2025

[JBER OST SharePoint](#)



**Agile Arctic Combat Support**







# OST PFA Performance Training Program



- Who: All AD personnel, any training experience (novice → expert)
- What: Training for high performance
- When: Tu/Th 1200-1300
- Where: Hangar 5 - OST Gym Space
- Why: Certified Strength and Conditioning Specialist led workout sessions for overall fitness and performance
- How: Report to Hangar 5 OST office space
- Questions: Email Coach Matt  
[matthew.a.andreadis.civ@health.mil](mailto:matthew.a.andreadis.civ@health.mil)



## OST PFA PERFORMANCE TRAINING PROGRAM

- WHO: ALL AD PERSONNEL, ANY TRAINING EXPERIENCE (NOVICE → EXPERT)
- WHAT: TRAINING FOR HIGH PERFORMANCE
- WHEN: TU/TH 1200-1300
- WHERE: HANGAR 5 – OST GYM SPACE
- WHY: CERTIFIED STRENGTH AND CONDITIONING SPECIALIST LED WORKOUT SESSIONS FOR OVERALL FITNESS AND PERFORMANCE
- HOW: REPORT TO HANGAR 5 OST OFFICE SPACE
- QUESTIONS: EMAIL COACH MATT  
[MATTHEW.A.ANDREADIS.CIV@HEALTH.MIL](mailto:MATTHEW.A.ANDREADIS.CIV@HEALTH.MIL)



**Agile Arctic Combat Support**





# Community Action Council



## 673 FSS/FSH Military & Family Readiness Center

Ms. Beverly Pineiro

Ms. Christie Rodriguez / Ms. Anthea Acosta

(907) 552-4393 or (907) 384-1517



*Agile Arctic Combat Support*





# JBER 2025 Annual Volunteer Recognition Ceremony (AVRC)



**The JBER Volunteer Recognition Ceremony honors outstanding service with Volunteer of the Year and Volunteer Excellence Awards**

- Arctic Warrior Event Center (AWEC), Susitna Room, 23 Apr 25 from 1700-1900
- By invitation, award winners will be announced at the ceremony
- Ceremony will be streamed on Face Book Live

**Nomination Packets are located on the JBER Home Volunteer Page**  
**<https://www.jber.jb.mil/Services-Resources/Volunteer-Opportunities/>**

**Award categories for volunteer service CY24 (1 Jan - 31 Dec 24):**

- Military Volunteer of the Year
- Civilian Volunteer of the Year
- Group/Unit Volunteer of the Year
- Youth Volunteer of the Year
- Family Volunteer of the Year (two or more people)
- Volunteer Excellence Award

**Nominations are due by COB 3 Mar 25!** Please submit to: **[673FSS.FSFR.FamilyPrograms@us.af.mil](mailto:673FSS.FSFR.FamilyPrograms@us.af.mil)**

**For questions or more information please contact Sherry Worthy: [sherry.worthy@us.af.mil](mailto:sherry.worthy@us.af.mil)**



**Agile Arctic Combat Support**



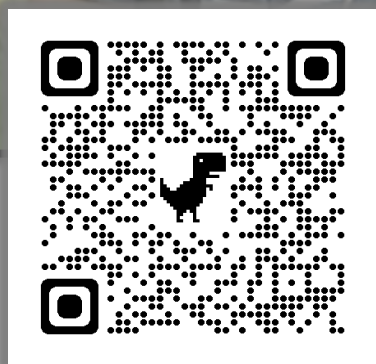




# Military & Family Readiness Center Army Community Services



Our services span the entire military lifecycle.



<https://tockify.com/jbermfrc/>



*Agile Arctic Combat Support*



**673 FSS/FSVS**  
**Fitness & Aquatics Manager**  
**Elmendorf Fitness Center**

Ms. Savannah Ericksen  
552-9890



# Arctic Warrior Olmypics



## ARCTIC WARRIOR OLYMPICS



**THURSDAY, FEBRUARY 13**  
**ALTERNATE DUTY LOCATION!**

**Football Volleyball Basketball**  
**Soccer Dodgeball Pickleball**  
**Wallyball Flag Football**  
**Futsal Cornhole Tug-of-War**  
**Circuit Challenge Pool Volleyball**  
**Pool Obstacle Course**

**Signups due to EFC NLT 10 Feb at 1300hrs**  
**Contact your Unit PTL and/or**  
**1st Sergeant for Signup Details**

**Elmendorf Fitness Center & Hangar 5**  
**Bldg 9510/7309. 907.552.3624**



*Agile Arctic Combat Support*







# Train Your Mind



- **Mind Gym Coming to Elmendorf Fitness Center!**
- **Located on second floor in old boxing room**
- **Demo day 7 February, then available 24/7 afterwards**

You train your body.  
You train your craft.

**Have you trained  
your mind lately?**



**Train your body and mind  
to thrive in high stress  
environments.**

#### USER SELF-REPORTED OUTCOMES

- Improved focus during WAPS
- Better workouts and PR's
- Improved golf game
- Better work/home transitions
- Improved home/marital relations
- Decreased road rage
- Better sleep
- Improved ability to manage stress

#### AVERAGE OUTCOMES AFTER ONE 20-MINUTE SESSION

- Reaction time under stress improved 29%
- Accuracy under stress improved 8.3%
- Wellness/mood improved 38%
- Stress biometrics improved 13% over sensory deprivation

**Jannell MacAulay, PhD**

Award-winning Leader, Combat Veteran,  
Mental Skills Specialist



**Agile Arctic Combat Support**





# Community Action Council



## 773 FSS/FSK JBER Life!

Mackenzie Klippel  
552-5900



*Agile Arctic Combat Support*







# Feb Events



## Upcoming February 2025 FSS Events

EVENT	DATE	TIME	LOCATION
Preschool Story Time	Every Tues	10:30 AM	JB ER Library
Thirsty Thursdays	Every Thurs	4 – 6 PM	PermaFrost Pub
Toddler Story Time	Every Thurs	10:30 AM	JB ER Library
Blind Date with a Book	Sat 1 Feb	9 AM – 7 PM	JB ER Library
Pro Blitz Cheerleading Camp	Thurs 6 Feb	4:30 – 6 PM	Kennecott Youth Center
Clay Hand Building	Sat 8 Feb	10 AM	Arts & Crafts Center
Arctic Warrior Olympics	Thurs 13 Feb	7 AM – 3:30 PM	Elmendorf Fitness Center
Intro to Ice Fishing (Weather Permitting)	Fri 14 Feb	9 AM – 12 PM & 1 – 4 PM	Eagleglen Fitness Park
Karaoke Night	Fri 14 Feb	8 PM – 12 AM	Warrior Zone
Fat Tire Bike Ride (Weather Permitting)	Thurs 20 Feb	5 PM – 9 PM	Eagleglen Fitness Park
Mary Poppins Trip to Chugiak HS	Fri 21 Feb	6 – 9 PM	Kennecott Youth Center
Snow Machine Ride (Weather Permitting)	Sat 22 Feb	12 – 8 PM	Eagleglen Fitness Park
Girls on the Go! Intro to Auto Maintenance	Wed 26 Feb	11:30 AM or 5:30 PM	Auto Hobby
JB ER Youth & Teens Gallery Night	Fri 28 Feb	6 – 8 PM	AWEC



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# March Events



## Upcoming March 2025 FSS Events

EVENT	DATE	TIME	LOCATION
Preschool Story Time	Every Tues	10:30 AM	JBER Library
Thirsty Thursdays	Every Thurs	4 – 6 PM	PermaFrost Pub
Toddler Story Time	Every Thurs	10:30 AM	JBER Library
JBER's Got Talent	Sat 1 Mar	4 – 7 PM	Talkeetna Theater
Learn to Knit	Sat 1 Mar	3 – 4:30 PM	JBER Library
Oh! Happy Day: Library Beach Party	Tue 4 Mar	12 – 6 PM	JBER Library
Clay Hand Building Frog Pinch Pot	Sat 8 Mar	10 AM	Arts & Crafts Center
St. Patrick's Day Party	Fri 14 Mar	1 – 3 PM	Arctic Oasis
Karaoke Night	Fri 14 Mar	8 PM – 12 AM	Warrior Zone
Spring Fling Vendor Fair	Sat 15 Mar	10 AM – 4 PM	Arctic Oasis
Slush Cup (Weather Permitting)	Sun 16 Mar	10 AM – 6 PM	Hillberg Ski Area
Glass Fusion: Suncatchers	Thurs 20 Mar	10 AM or 2 PM	Arts & Crafts Center
Girls on the Go! Intro to Auto Maintenance	Wed 26 Mar	11:30 AM or 5:30 PM	Auto Hobby
Country Night	Fri 28 Mar	8 PM – 1 AM	Warrior Zone



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# Community Action Council



## Upcoming April 2025 FSS Events

EVENT	DATE	TIME	LOCATION
Thirsty Thursdays	Every Thurs	4 – 6 PM	PermaFrost Pub
Preschool Story Time	Every Tues	10:30 AM	JB ER Library
Toddler Story Time	Every Thurs	10:30 AM	JB ER Library
Month of the Military Child Carnival	Fri 4 Apr	6 – 8 PM	Arctic Oasis
Karaoke Night	Fri 11 Apr	8 PM – 12 AM	Warrior Zone
Eggcellent Adventure	Sat 19 Apr	10 AM – 3:45 PM Sessions	Arctic Oasis



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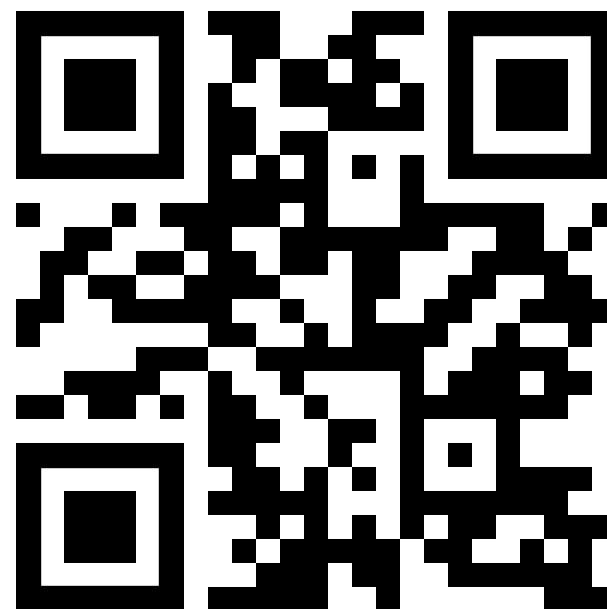




# Community Action Council



Stay updated on all things FUN!



VISIT US AT [JBERLIFE.COM](http://JBERLIFE.COM)



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# Community Action Council



## 773 FSS/FSW Community Services

Karen O'Camb

384-3312

Have a question or concern? Call me!



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# MWR Highlights



## Hillberg Ski Lodge Currently Closed Will Reopen as Hill Conditions Improve

Manager- Pauladacy Tellez

Assist Man.- Jenna Olexa

907-552-4838

There are many variables that need to be conducive to making snow; temperatures, wind, humidity, air traffic, etc.

The Hillberg staff appreciates everyone's patience and understanding as we ramp operations back up and try to salvage our ski season.

### Ski Area Hours of Operation

Thurs & Fri 4:00 PM – 8:00 PM

Sat & Sun 10:00 AM – 6:00 PM

Holidays & School Breaks 10:00 AM – 6:00 PM

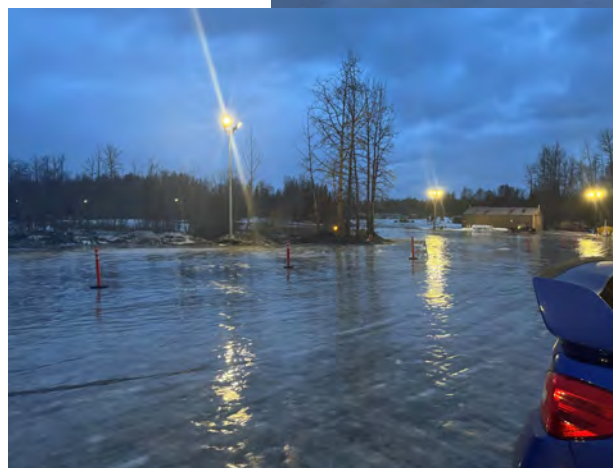
Skiing/Snowboarding

Tubing

Equipment Rentals

Ski and Snowboard Lessons

Snack Bar



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# MWR Highlights



## Family Fun - Arctic Oasis

22 Feb- JBERs Got Talent Auditions

27 Feb- Black History Month Quiz Bowl

## ITT-What to watch for!

Summer '25- Cruise tickets

Weekend Planner email featuring local events

## Arts & Activities

### Arts & Crafts

### February Classes

1, 12 & 26 - Framing Classes

14 & 15 - Glass Fusion Classes

8 & 19 - Clay molding Classes

21 & 22 - Alcohol Ink Classes



## Girls on the Go!

Ages 14+

Wednesdays 11:30 & 5:00

Teaching automotive basics  
for everyone behind the wheel

**Look what's new!**



## Polar Bowl

6 Feb- Dollar Day

**8 Feb- Anchorage Chamber of Commerce**

**Bowl-a-thon**

15 Feb- Valentines Date Night

22 Feb- Tag Team Tourney

## JBERLife Membership

Thirsty Thursdays

At Permafrost Pub

New events and discounts coming soon!

## JBER Aero Club

Contact Mr. Ralph Gibbs @ 551-7184

Ground School- Simulators

Aircraft rental, Flight Instruction



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# Got Talent

## Can't Miss Family Fun



### 3<sup>rd</sup> Annual JBER's Got Talent!

- Sat 1 March
- 4 pm
- Talkeetna Theater
- All ages welcome
- Auditions begin 22 Feb
- Cash prizes for 1<sup>st</sup>-3<sup>rd</sup> place for each category

For more information, call 907-552-8528.

Coming this Summer: Watch for more info!

Paintball returns!

Renovation of the Olde Lounge at the AWEC

6 June- Military Appreciation Picnic- volunteer and be a part!

28 July- Summer Fest

**JBER's GOT TALENT**

**Sat 24 Feb • 4 PM**  
**Talkeetna Theater**

**AUDITION CALL!**

**OPEN TO ALL AGES & TALENTS**  
**SAT 10 FEB • 10 AM-12 PM & 1-3 PM • TALKEETNA THEATER**

Calling Dancers, Singers, Comedians, Magic Acts, Groups, Spoken Word Artists, Martial Artists, and everything in between!  
*Auditions must not exceed 2 minutes. Content must be free from any profanity.*  
**Sign-ups begin: Wed 10 Jan, Arctic Oasis Community Center • 9497 20<sup>th</sup> St**

Prizes for winners!	Category
1 <sup>st</sup> place: <b>\$500</b>	Adult: Ages 18+
2 <sup>nd</sup> place: <b>\$250</b>	Teen: Ages 13-17
3 <sup>rd</sup> place: <b>\$100</b>	Child: Up to age 12

**TALKEETNA THEATER • 7126 Fighter Dr • 907.552.8529**



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# Community Action Council



## 673 ABW/PA JBER-Richardson Studio

Justin Connaher  
384-7183



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# Photo Studio



## JB ER-Richardson Photo Studio Services Appointments Only

### Official Photo services:

Command walls (Army/USN/USMC/USCG)

Pre-deployment "HERO"

DA Photos

Official Gov't passport/Visa for PCS, ETS, EAS, TDY & deployment

**\*\*Every Friday, except a holiday or DONSA from 0930 – 1130 walk-in for HERO photos\*\***

**Studio Hours are from 0830 – 1600** *(if no scheduled appointments, studio subject to closure and technicians reassigned to alternate Public Affairs duties)*

**\*Full-length Air & Space Force/USN/USMC needs contact JB ER-E studio (551-8997)\***



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# Community Action Council



## 673 MSG/SLO JBER School Liaison Program

Holly Warners/Adele Daniels  
384-7500/1505



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# School District Lottery



## Anchorage School District (ASD) ~ Upcoming Lottery Information

- The Anchorage School District offers additional schools or programs outside the typical neighborhood school.
- The District utilizes a randomized lottery system to provide equal opportunity for all students who would like to participate in one of these alternative schools or programs.
- To participate in a school or program outside your child's neighborhood school, a lottery application must be submitted during the following application windows. (next slide)



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# Important Dates



## Important dates for ASD Lottery:

- 1 February 2025, at midnight – Lottery opens for parents to submit applications.
- 20 March 2025, at 5pm – Lottery closes for applications.
- 21 March 2025 – Lottery runs.
- 24-27 March 2025 – Schools validate accepted and wait lists.
- 28 March 2025, at 5pm – Parent notifications of Lottery results are released.

(<https://www.asdk12.org/lottery>)



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# Contact Info



## JBER School Liaison Office Contact Information:

### Holly Warners

- ❖ Bldg. 600, JBER-R
- ❖ Room A140
- ❖ 907-384-7500 (office)
- ❖ 907-201-6387 (work cell)
- ❖ holly.warners@us.af.mil

### Adele Daniels

- ❖ Bldg. 600, JBER-R
- ❖ Room A140
- ❖ 907-384-1505 (office)
- ❖ 907-201-6385 (work cell)
- ❖ adele.daniels.1@us.af.mil



**Supporting Our Military Connected Students!**

**You can message us on Facebook too!  
@ JBER School Liaison Program**



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# Local Community Support Programs



# Community Support

- Anchorage Military & Veterans Affairs Commission
- [Anchorage.Military.Commission@gmail.com](mailto:Anchorage.Military.Commission@gmail.com)

Presenter

Al Milspaugh

907-333-6996

# Anchorage Military & Veterans Commission

- **What is our mission?**

To enhance the relationship between the Municipality of Anchorage veterans and active members of all branches of the military.

- **Who can serve on our commission and where?**

The commission consist of all veteran volunteers who meet on the first Monday of the month at the Anchorage Mayor's Conference room at City Hall. The meeting can also be attended online via MS Teams

# Anchorage Military & Veterans Commission

- How do we accomplish our mission

Communication with various organizations (military branches, DAV, VFW, American Legion, AMVETS)

Coordination with Public Affairs and attending meetings related to the military community (CAC, Townhalls, etc..)

Working with the Native Alaskan community

Attending Veteran's Day and other community events hosted by the military communities

Assist with coordinating Anchorage Memorial Day Ceremony

# Anchorage Military & Veterans Commission

- How can you help

Keep us informed of activities happening in the JB ER community

Appoint liaisons to the AMVC (3 for the AK Command & 1 for AKNG)

Let your members know about the commission. Meetings are open to the public to include military family members; we welcome feedback to help enhance the relationship between the military community and municipality.



# **Anchorage Military & Veterans Commission**

## **Questions**

## **Contact Information**

[Anchorage.Military.Commission@gmail.com](mailto:Anchorage.Military.Commission@gmail.com)

David Foli, Chair \*907-444-4646

Or

Al Milspaugh, Commissioner \* 907-333-6996



# 2025 MILITARY APPRECIATION BOWL-A-THON

*Get ready for a day of strikes and spares at the Anchorage  
Chamber Bowl-A-Thon.*

*Military Personnel and their families bowl FREE!*

**SATURDAY, FEBRUARY 8TH, 2025**  
**@POLAR BOWL ON JBER**

*Presented by:*



*Paid Ad.  
No federal endorsement of advertiser intended*

**SCAN HERE FOR  
MORE INFORMATION**





# Community Action Council



## JBER Public Affairs

Where can I find these slides?



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# Community Action Council



**673 ABW**  
**Customer Service Officer**  
Frank Belton  
(907) 552-3642



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# JBER Connect App



## Got the JBERConnect app? JBER's one-stop shop for information



Helping agencies,  
road and gate updates,  
urgent notifications,  
event calendars,  
newcomer info,  
resources and links –  
the JBERConnect app  
puts everything you  
need at your fingertips.



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# ICE



## INTERACTIVE CUSTOMER EVALUATION

- [www.jber.jb.mil](http://www.jber.jb.mil) (click on ICE icon)
- <https://ice.disa.mil> (Type in JBER)
- JBER Connect App
- Paper ICE from service providers
- Email [673ABW.CSO.ICE\\_CAC@us.af.mil](mailto:673ABW.CSO.ICE_CAC@us.af.mil)
- Call 907-552-3642
- Bldg.600, 1<sup>st</sup> Floor, next to ATM
- People Center, 1<sup>st</sup> Floor Lobby
- Bldg.7, Education Complex, Entrance Foyer
- Commissary, Main Entrance Foyer
- The Exchange, Main Entrance Foyer
- Boniface & Richardson VCC

### Barracks ICE boxes

- Bldg. 649
- Bldg. 651
- Bldg. 681
- Bldg. 688
- Bldg. 791

### Welcome to the Joint Base Elmendorf-Richardson ICE Site



Service Provider Search

SEARCH

Welcome to the Joint Base Elmendorf-Richardson (JBER) ICE site. Thank you for taking the time to provide us with your feedback, comments, and suggestions. Your timely feedback is an essential element in our effort to continuously improve our services and will help us maintain the quality of excellence you expect.



#### Joint Base Elmendorf-Richardson

Missing Service Provider?  
General Site Comment?

#### External Links

JBER  
<http://www.jber.jb.mil>

JBER FSS Services (Dining, Entertainment, Family, Youth, Travel, Recreation & Fitness)  
<http://www.jberlife.com>

USARAK  
<https://www.army.mil/usarak/>

#### Report

Joint Base Elmendorf-Richardson  
Service Provider Summary Report

List All Services
Acquisition & Supply
Administration
Communications
Dining
Education & Training
Facility Management
Family
Health
Housing
Information Management
Information Technology
Money/Finance
Operational Support
Personnel Services
Recreation
Safety & Security
Shopping & Services
Travel, Transportation, and Parking



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# Community Action Council



## Open Discussion



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# Community Action Council



## Closing Comments



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# Community Action Council



## 673 ABW/SEG Occupational Safety 552-6850



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# Community Action Council



## Cold Weather Injury Prevention

### Dress for Conditions:

- Make sure your gloves, coats, hat, and boots are in good condition before going outside
- Dress in loose layers

### Have a Plan:

- Plan how long you want to be outside and stick to your plan
  - Ensure someone knows when you will return
- Know the hazards of where you'll be going (frozen ponds, windy areas, etc.)

### Enhance Skills:

- Take a winter survival course
- Know how to recognize and treat hypothermia and frostbite



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# Community Action Council



## Ski & Snowboard Safety

### Hone Safety Skills:

- Ski with someone – Buddy system
- Stay on the trails – **DO NOT** go out of bounds
- Get/stay in shape, stretch out
- Knock the rust off – take a lesson
- Know weather conditions
- Yield right of way
- Stop on the sides not in the middle of slope
- Look both ways and uphill before crossing trails or merging
- Dress in layers – consider a helmet
- Have equipment professionally fitted/adjusted
- Have fun!



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# Military OneSource Free Tax Services



**MILITARY  
ONE SOURCE**

## MilTax: 100% Free Tax Services for the Military

Take command of your taxes with free tax services:

- Easy-to-use software for FREE preparing and e-filing your taxes online.
- No hidden fees or surprises – MilTax is always 100% free.
- Free support from expert consultants trained in tax considerations for the military
- Made for military life. MilTax software accounts for everything from multiple moves to combat pay.



**MILITARY  
ONE SOURCE**

**MilTax**

[www.MilitaryOneSource.mil](http://www.MilitaryOneSource.mil) • 800-342-9647

5



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# Community Action Council



## 673 ABW/HC Installation Chapel Team

Chaplain Colonel Brian Anderson

Chaplain (MAJ) John McDougall

(907) 552-JROC (5762)

Bldg 4984



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# Protestant Men & Women of the Chapel



JBER PROTESTANT  
WOMEN OF THE  
CHAPEL PRESENT

## VINE, BRANCH, FRUIT

WOMEN'S RETREAT


FRIDAY	SATURDAY
MARCH 21	MARCH 22
5PM-8:30PM	8:30AM BREAKFAST OPTIONAL
	9:20AM-4:30PM

LOCATION: ACF CHURCH, EAGLE RIVER

FREE EVENT  
RSVP BY QR CODE

JBER Chapel: 907-552-5762

abide pwoc1jber@gmail.com



JBER Protestant Men of the Chapel

# NEHEMIAH

Thursday Evenings  
Starting 6 February  
1800 - 1930  
(Meal Provided)  
Homestead Hospitality House  
Eagle River, AK

BOLDLY. FAITHFULLY. FOLLOW GOD.  
&  
ENCOURAGE OTHERS.

For more information, contact the JBER Religious Operations Center at 907-552-5762



## Protestant Men's Ministry Retreat March 6-8, 2025

# PREYAIL

JOHN 15



**SIGN-UP**

Date: 6-8 March 2025  
Location: Victory Bible Camp  
Cost: Free  
Spots Available: 20

Hosted by Church on the Rock and ACF, enjoy a weekend of "inspiring worship, dynamic teaching, engaging activities, and a life-changing encounter with God" at Victory Bible Camp.

For more information, please contact the JBER Religious Operations Center at (907) 552-5762

<https://jber-religious-operations-center-431610.churchcenter.com/registrations/events/2700917>



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# Catholic Community

## Youth Group & Women's Ministry



JOINT BASE ELMENDORF-RICHARDSON  
SAINT MICHAEL THE ARCHANGEL  
CATHOLIC COMMUNITY

*Join the fun!*


**YOUTH GROUP**

*"for you Jesus... if you want it, I want it too!"*  
Bl. Chiara Lucce Barbera

Youth Nights  
Friday 6-9pm  
Midnight Sun Chapel  
Fellowship Hall

Youth Bible Study  
Monday 6-8pm  
Arctic Warrior Chapel  
Upstairs classrooms

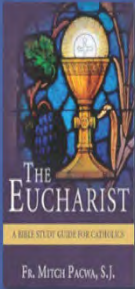
QUESTIONS? CONTACT JROC AT 907-552-5762



JBER Catholic Community


**CATHOLIC WOMEN OF THE CHAPEL**

- Tuesday Mornings  
Study on Apologetics  
9:30-11:30am  
Nursery  
Arctic Warrior Chapel
- Wednesday Nights  
"The Eucharist"  
by Fr. Pacwa S.J.  
6-8pm  
Fellowship Hall  
Arctic Warrior Chapel



The Catholic Women of the Chapel (CWOC) serves as an extension of the Military Council of Catholic Women (MCCW), representing a visible presence of Christ in military communities. Its mission focuses on supporting women through spirituality, leadership, and service. Guided by the Holy Spirit, CWOC plays an important role in the Religious Support mission of Military Chapels.

For questions or comments contact:  
JROC at 907-552-5762  
or email [cwoc.stmichael@gmail.com](mailto:cwoc.stmichael@gmail.com)




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# Alaska Veterans Museum Executive Director & President

# Lt Col Bob Sherrill, USAF (ret)

**253-625-8691**

Tours/Groups: Jann, 813-545-6957

# 14<sup>th</sup> Anniversary – 26 April 2025 1-4p



# Your Alaska Veterans Museum



- Create a world-class museum to preserve and interpret weapons, uniforms and artifacts for the inspiration, remembrance and preservation of veterans, especially Alaska veterans.
- Educate the public on Service men and women's operations, sacrifices and stories. Research library available.
- Support our Active Duty, Guard, Reserves and Veterans
- "Alaska Veterans" book by Col Suellyn Wright Novak on stories within the museum. All proceeds donated to the museum.
- Winter hours: Wed-Sat 10a-5p; Summer hours: Mon-Sat 10a-5p
- 411 West 4<sup>th</sup> Ave, Suite 201, Anchorage (Yellow Sunshine Mall)
- Free Days: Memorial, 4<sup>th</sup> of July, Patriot's & Veterans; Entrance \$5
- Group Tours – 907-677-8802 or 813-545-6957 (Jann)
- AVM is a 501c(3), EIN 03-0382080; donations on our website, [www.alaskaveterans.org](http://www.alaskaveterans.org); [contact@alaskaveterans.org](mailto:contact@alaskaveterans.org)
- Website on-line 360 tour; better yet, docent tours; contact us, we are always looking for volunteers! Outreach & speakers - call



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**Community Action Council**



# **Military Society of Model Railroad Engineers**

**Randy “Bj” Bjorgan  
President**

**Gerald Forsyth  
Vice President**

**[msmrre@gmail.com](mailto:msmrre@gmail.com)**

**[facebook.com/msmrre](https://facebook.com/msmrre)**



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# MSMRRE



## **Military Society of Model Railroad Engineers**

**Home of the *North Star Railroad Empire* located in  
Matanuska Hall, Building 7153 on Fighter Drive,  
East End Basement Rooms**

**Regular Operating Hours:**

**Tuesdays: 1900 hrs. to 2130 hrs.**

**Saturdays: 1300 hrs. until you go home**

***Club is available 24 / 7 for members***

***~ Volunteer hours available for non-members ~***



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# MSMRRE



## **Monthly third Saturday Open House** **Running trains, static displays, how-to** **demonstrations, and swap tables**



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Visitors always welcome  
*anytime.*

*Come, see, participate and enjoy the wonderful world of model railroading. The best way to use bad weather days when outdoor activities can't happen.*







# North Star Railroad Scenery



Various scenes from four of our eleven permanent or portable layouts.



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# **Help Wanted:**



- 1. Librarian**
- 2. Stockroom Attendant**
- 3. Tool Room Organizer**
- 4. Artistic Painters**
- 5. Model City Planners**
- 6. Model Builders**
- 7. Model Landscapers**
- 8. People wanting to enjoy  
model railroading***



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